

essence of vajrayana the highest yoga tantra practice of heruka body mandala

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GMT essence of vajrayana the highest pdf - Earlier Mahayana sutras already contained some elements which are emphasized in the Tantras, such as mantras and dharani. The use of mantras and protective verses actually dates back to the Vedic period and the early Buddhist texts like the Pali canon. The practice of visualization of Buddhas such as Amitābha is also seen in pre-tantra texts like the Longer Sukhāvataṣṭyaḥā Sūtra. Vajrayana - Wikipedia - Vajrayana partially relies on various tantric techniques rooted in scriptures such as tantras and various tantric commentaries and treatises. Tantra is defined as an inner realization that functions to prevent ordinary appearances and conceptions and to accomplish the four complete purities of a Buddha (environment, body, enjoyments and deeds)." Tantra techniques (Vajrayana) - Wikipedia -

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